



Lake Aurora Health/Sanitation Plan 2020

At Lake Aurora, we are committed to ensuring the health and wellbeing of all of our campers/guests.

To determine best health practices, we have engaged the resources of the CDC, ACA, 3CA and state and federal guidelines.

As such, the following list represents *some* of the procedures we plan to implement to best ensure the health of all in Summer 2020.

Health Screening Process

- **Pre-screening Participant Arrival**
 - Completed Medical Form on registration/application
 - Prior to arrival, campers/volunteers will be required to complete a medical form.
 - Recent Medical Questionnaire
 - In the 72 hours leading up to participant arrival, all participants will be asked to complete a medical questionnaire that may include at least the following questions:
 - Any NEW fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell
 - In the last 14 days.
 - Have you traveled out of the country in the last month?
 - Have you been in contact with anyone who has lab tested positive for COVID-19 in the last 14 days?

Camp may not be right for all participants. If there are underlying health conditions or one is high risk, they are not encouraged to attend camp in 2020.

- **Upon Participant Arrival**
 - Confirmation of completion of Medical Questionnaire
 - Temperatures of every participant will be taken upon arrival. No one with a temperature of 100 degrees or over will be allowed to stay at camp.
 - Participants will be checked for basic COVID-19 symptoms upon arrival
 - These symptoms include fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, and new loss of taste or smell
 - Guests displaying these symptoms asked to leave
 - Parents/Guardians of campers who will be under the care of Lake Aurora staff will be allowed to walk with their child to their housing unit. One family member will be allowed in a housing unit at a time to help unpack/set up.
- **During the Camp Program**
 - Daily screening of all participants/staff (fever/symptom)

- If participant fails screening, they will be quarantined and observed and phone parent/guardian for pick up.
- On-Site Medical Team
 - We will have an on-site medical team composed of health care professionals, to include one of the following: RN, LPN, PA, EMT, or Red Cross First Responder
 - If a RN is not a part of the team of the week, a local RN will visit the campus to review the daily log book for treatment.
 - Most of our summer paid staff are Red Cross First Aid, CPR, AED certified.
- Response to Symptomatic Participants
 - If Symptoms arise in a participant, we will immediately quarantine, contact parents/guardians, and transport to a clinic for testing with parent permission.
 - Symptoms we will be looking for include: Fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, and new loss of taste or smell
- Health Center Disinfecting Procedures
 - We fully disinfect every surface in the health center every day according to schedules.
 - Our medical team will be trained to use and PPEs when deemed necessary

Camp Program Precautions/Procedures

- Participant Group Size
 - Limiting camper attendance to aid in social distancing. Using Camper Groups for activities and spacing between cabin groups when in a larger group setting.
- Camp Program
 - Not all activities will be available for 2020 season.
- Orientation
 - Participants will be given training on Sanitation/Hygiene procedures on how we will interact as counselor groups and activities within concentric circles/family groups and how to reduce the spread of germs.
- Hygiene Procedures
 - Campers/Participants will either sanitize or wash their before every meal and before activity participation. (Outdoor hand washing stations are being built.)
 - All Meeting rooms will have access to hand sanitizer dispensers
- Cleaning Procedures of Camper areas
 - After every group of guests eats in the dining hall, kitchen staff will clean/sanitize tables and chairs
 - Bathrooms will be fully disinfected multiple times a day.
 - Counselor leaders will have supplies, schedules, and procedures to help sanitize housing units.
 - Activity areas and supplies will be disinfected after every use.
- Food Safety
 - The entrances to meal areas will have hand sanitizer dispensers.
 - Meals will be plated by Lake Aurora staff or served by the counselor at the table.



- All kitchen staff will adhere to regulations/guidelines for Food Service
 - Staggered meal times/departure times will allow for reducing interaction between concentric circles of campers.
- Social Distancing Procedures
 - Seating in the Dining Hall and Chapel will be dispersed
 - Groups of the recommended number will be allowed in at any given time
 - Housing Units will practice social distancing from other Housing units
 - Recreation activities will be used by individual cabin groups and cohort groups.
 - Use of outdoor spaces and distance between concentric circles will be used as much as possible. Indoor areas will be limited.
- After Program Departure
 - We will fully disinfect all indoor areas (Housing, bathrooms, meeting rooms, etc.) after every group program.

