

North Georgia Backpacking Trip 2019

Info:

Each camper will need a “hydration pack” which is a small backpack with a water bag and straw (commonly known as a “camelback”). However, a large canteen will also work. Campers will need to carry at least 2 liters of water with them on each hike. Please... no new shoes.

Also, each camper must have the attached waiver filled out and signed. Thank you.

Itinerary

Sunday

4-5pm Check-in
Leaving for the mountains

Monday

11am – Hike Woody Gap to Lake Winfield Scott Campground (6.7 miles)
4pm Arriving at LWS

Tuesday

Hiking Blood Mountain on the Appalachian Trail (10.7 miles)
Camping at Lake Winfield Scott Campground

Wednesday

Hiking Neils Gap to Tesnatee Gab (7.3 miles)
Camping at Lake Winfield Scott Campground

Thursday

Hike out to Vogel State Park (6.4 miles)
2pm - White water rafting and Sightseeing
Head home

Friday

7am Arrive at Lake Aurora
4pm Check out at Lake Aurora

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What to Pack

Needed Items

- ⇒ Bible (May get wet - don't bring your favorite)
- ⇒ A medium backpack/camel back that will hold water, food for 1 meal, snacks, poncho, and bible. Should not be a full size hiking backpack.
- ⇒ Comfortable hiking shoes (NOT NEW! New shoes will cause blisters)
- ⇒ Towels & Washcloth
- ⇒ Swimsuit
- ⇒ Toiletry Articles
- ⇒ Sheets, Blanket/Sleeping Bag, ground cloth or sleeping pad (it will get cool at night, and a medium to heavy blanket might be needed.
- ⇒ Rain Gear
- ⇒ Hat with brim to shade face/neck
- ⇒ Warm clothing for the evenings (pants, long sleeve shirts)
- ⇒ Any medication in ORIGINAL containers (Rx and over the counter type)

Recommended Items

- ⇒ Personal Casual Clothes (Keep comfort and coolness in mind)
- ⇒ Sunscreen (at least spf 15)
- ⇒ 2 pairs of broke-in athletic/Hiking Shoes & Socks (in case one pair gets wet)
- ⇒ Flashlight
- ⇒ Insect Repellent
- ⇒ Water bottle or bladder that can be hooked to or stored in pack (For personal drinking water)
- ⇒ Walking Stick or collapsible hiking poles

Optional Items

- ⇒ Personal Tent
- ⇒ Light Jacket
- ⇒ Water shoes
- ⇒ Pencil & Notepad
- ⇒ Matches (waterproof)
- ⇒ Sunglasses
- ⇒ Personal First Aid Kit
- ⇒ Compass
- ⇒ GPS (Lake Aurora is not responsible for damaged items)

⇒ Spending Money for snack items on trip and souvenirs.

Leave at Home

- ⇒ Cell phones and other personal electronic equipment (ipods and such)
- ⇒ Large hiking backpacks (we will be base camping)
- ⇒ Weapons (small knives are fine)
- ⇒ No Fireworks

For NOC use only

Activity Date:

Rsv Party Name:

Activity Time:

Rsv #:

Activity Type:

in Party:

RELEASE OF LIABILITY/LIABILITY WAIVER FORM

FULL LEGAL NAME of PARTICIPANT: _____

ADDRESS: _____

CITY, STATE, ZIP: _____ PHONE: _____

EMAIL: _____

Check if you do not want to be occasionally contacted about NOC offers and promotions.

PRINT Full Name of Emergency Contact: _____

Relationship of emergency contact: _____ Phone(s) of Contact Person: _____

Activity Participation Acknowledgement

I, the undersigned, hereby acknowledge that I am participating in an activity for which Nantahala Outdoor Center, LLC, a Georgia limited liability company or one of its subsidiaries (individually and collectively, "NOC") is furnishing equipment or services and which requires physical exercise, including, without limitation, rafting, kayaking, swimming, stand-up paddle boarding, rock climbing, hiking, rappelling, zip-lining, ropes course navigating, or cycling (the "Activity"). By signing this waiver, I certify that I am in good health and physical condition and do not suffer from any disability which would prevent my participation in the Activity. I agree to abide by any decision of any NOC employees, organizers, volunteers, directors, representatives, agents, and officers (collectively, the "NOC Parties") regarding my ability to safely participate in the Activity. I fully understand that I may injure myself as a result of my participation in the Activity and that certain injuries may result in death or permanent physical disability. I also acknowledge and agree that my participating in any Activity may be terminated immediately if any of the NOC Parties believe, in their sole discretion that I am unable to complete the Activity for any reason or that I am under the influence of alcohol or drugs.

Risk Acknowledgement, Indemnity and Release

In consideration of my participation in the Activity, I hereby assume all risks, known and unknown, associated with participation in the Activity including, but not limited to, any injuries resulting from falls, contact with other participants, the conditions of Activity sites, bodily injuries and death. To the fullest extent permitted by law, I hereby agree to indemnify, hold harmless and defend the NOC Parties, as well as, where applicable, the Tennessee Valley Authority, Ocoee River Outfitters Association, the state of Tennessee, the U.S. Forest Service, the United States of America and other any federal or state governmental agencies or other entities who may have an interest in any river, lake, or other real property or waterway on which the Activity takes place (individually and collectively, the "Indemnified Parties") from and against any and all claims, losses, damages, expenses and other liabilities (including, but not limited to, court costs and attorney's fees) arising out of or resulting in whole or in part from my participation in the Activity. I for myself and anyone entitled to act on my behalf, including, but not limited to my heirs and successors, hereby RELEASE, WAIVE AND FOREVER DISCHARGE the Indemnified Parties from any and all claims, losses, damages, expenses and other liabilities of any kind arising out of my participation in the Activity even if such claims, losses, damages, expenses and other liabilities arise out of negligence or carelessness on the part of any or all of the of the Indemnified Parties.

Media Release

I hereby grant and convey to the NOC Parties all right, title and interest I may have in any and all photographs, motion pictures, video recordings, and any other recordings made during or about the Activity, and the NOC Parties shall have the right to exploit such recordings throughout the universe, an unlimited number of times, in perpetuity by any and all means and media, now known or hereafter invented.

Medical Emergencies

I hereby give permission to the NOC Parties to contact emergency services for help, whether or not the NOC Parties have contacted my emergency contact, and give permission to a licensed physician or other licensed medical provider to provide proper treatment, including but not limited to hospitalization, injection, anesthesia and/or surgery. I hereby RELEASE, WAIVE AND FOREVER DISCHARGE the NOC Parties from any and all claims, liabilities, causes of action, damages, demands, judgments, executions, liens and costs whatsoever in law or equity, including, without limitation, liability for death or bodily injuries to any person or damage to any property resulting from any (i) claims made against medical providers of emergency services under this authorization, or (ii) against the NOC Parties for obtaining emergency medical services for me pursuant to this authorization and waiver.

Date Your Signature

If you are under the age of 18, your parent or guardian must execute this form on your behalf.

Date Your Parent's or Guardian's Signature